

Galatians

Life in the Spirit

WEEKLY WORSHIP TOOLS

ISSUE 10: MAY 23 - MAY 30, 2020

PURPOSE AND SUGGESTED USE

Crosspoint Church has set out to produce an issue of *Weekly Worship Tools* for the encouragement and resourcing of our church body each week. Each Saturday, this guide is published with the hope that it will aid you in being transformed by the gospel and living daily on mission.

This document is structured in two categories: weekend resources and weekday resources. Sundays we gather for Corporate Worship and sit under the teaching of the Word of God as we fellowship together. The first guide listed in the Table of Contents below, "Prepare for Worship," is produced to stir our meditation on the passage to be preached, causing us to prepare our hearts for the message on Sunday. Additionally, we have provided you with a basic outline of the "Sermon Notes" to guide your attention and participation with the Pastor as he works through the message. Furthermore, a set of lyric sheets have been added following the "Prepare for Worship" for your convenience as you join in worship through song on Sunday morning.

A Sermon Discussion Guide and a Daily Worship Guide are provided for individual or household worship through the week. The focus of Monday and Tuesday is an opportunity to look back at the Scripture preached on Sunday. Each Wednesday we will read an Old Testament passage that connects to what is being communicated through our sermon Scripture. Thursday's focus is observing a Psalm that relates to this passage and our immediate context. Fridays begin looking forward to the coming Sunday as we observe the Scripture passage for the coming Corporate Worship gathering.

It is recommended that you use this set of tools alongside your Bible with a way to record any notes, insights, or questions (i.e. in a journal, word doc, etc.) you may have while you study.

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PREPARE FOR WORSHIP

Last Sunday, Pastor Jason preached from 2 Corinthians 7:2-16 and directed our hearts toward God's restoration through repentance. We learned that true repentance is fueled by godly grief and demonstrates our regeneration, drives our mission, and deepens our relationships. Praise God for his work of restoration through repentance and faith in Jesus Christ!

Read: Galatians 5:16-26

This Sunday, we will break from our journey through 2 Corinthians with a sermon from Galatians 5:16-26. Pastor Ken will encourage us with the truth that living by the Spirit empowers us to reject the desires of the flesh. As you prepare your heart for Sunday worship, may the Holy Spirit fill you with all the fullness of God, leaving no room for the desires of the flesh. Let this devotional from Milton Vincent encourage you to this end.

Reflect: "Mortifying the Flesh with Fullness"

Though saved, I am daily beset by a sinful flesh (Galatians 5:19-21) that always craves those things that are contrary to the Spirit (Galatians 5:17). These fleshly lusts are vicious enemies, constantly waging war against the good of my soul (1 Peter 2:11). Yet they promise me fullness, and their promises are so deliciously sweet that I often find myself giving into them as if they were friends that have my best interests at heart.

On the most basic of levels, I desire fullness, and fleshly lusts seduce me by attaching themselves to this basic desire. They exploit the empty spaces in me, and they promise that fullness will be mine if I give in to their demands. When my soul sits empty and is aching for something to fill it, such deceptive promises are extremely difficult to resist.

Consequently, the key to mortifying fleshly lusts is to eliminate the emptiness within me and replace it with fullness; and I accomplish this by feasting on the gospel. Indeed, it is in the gospel that I experience a God who glorifies Himself by filling me with His fullness. He is the One, Paul says, "who fills all in all" (Ephesians 1:22-23). He is the One who "fill[s] all things" with the gifts He gives (Ephesians 4:7-10). And He lavishes gospel blessings upon me with the goal that I "be filled up to all the fullness of God" (Ephesians 3:14-19). This is the God of the gospel, a God who is satisfied with nothing less than my experience of fullness in Him! The first command God spoke in the Garden was, "eat freely" (Genesis 2:16). And with similar insistence He says to me now, "be filled" (Ephesians 5:18).

PREPARE FOR WORSHIP

What happens to my appetites for sin when I am filled with the fullness of God in Christ? Jesus provides this answer: "He who continually comes to Me will never hunger or thirst again" (John 6:35). Indeed, as I perpetually feast on Christ and all of His blessings found in the gospel, I find that my hunger for sin diminishes and the lies of lust simply lose their appeal. Hence, to the degree that I am full, I am free. Eyes do not rove, nor do fleshly lusts rule, when the heart is fat with the love of Jesus!

Preaching the gospel to myself each day keeps before me the startling advocacy of God for my fullness, and it also serves as a means by which I feast anew on the fullness of provision that God has given to me in Christ. "Eat[ing] freely" of such provision keeps me occupied with God's blessings and also leaves me with a profoundly enjoyable sense of satisfaction in Jesus. And nothing so mortifies fleshly lusts like satisfaction in Him.

"Moritfying the Flesh with Fullness," in *A Gospel Primer for Christians*, by Milton Vincent

Sing: Song List for Sunday

1. "Lamb of God," by Vertical Worship
2. "Reign in Us," Arr. Shane & Shane
3. "Holy Spirit," by Keith and Kristyn Getty

SONG LYRICS

"LAMB OF GOD"

Vertical Worship

(Verse 1)

You came from heaven's throne
Acquainted with our sorrow
To trade the debt we owe
Your suff'ring for our freedom

(Chorus)

The Lamb of God in my place
Your blood poured out my sin erased
It was my death You died I am raised to life
Hallelujah the Lamb of God

(Verse 2)

My name upon Your heart
My shame upon Your shoulders
The pow'r of sin undone
The cross for my salvation

(Bridge)

There is no greater love
There is no greater love
The Savior lifted up
There is no greater love

CCLI Song # 7032328

Andi Rozier | Jason Ingram | Meredith Andrews

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SONG LYRICS

"REIGN IN US"

Shane & Shane Arrangement

(Verse 1)

You thought of us before the world began to breathe
And You knew our names before we came to be
You saw the very day we'd fall away from You
And how desp'rately we need to be redeemed
Lord Jesus come lead us
We're desp'rate for Your touch

(Chorus)

Oh great and mighty One
With one desire we come
That You would reign
That You would reign in us
We're off'ring up our lives
A living sacrifice
That You would reign
That You would reign in us

(Verse 2)

Spirit of the living God fall fresh again
Come search our hearts and purify our lives
We need Your perfect love we need Your discipline
We're lost unless You guide us with Your light
Lord Jesus come lead us
We're desp'rate for Your touch

(Bridge)

We cry out for Your life to refine us
Cry out for Your love to define us
Cry out for Your mercy to keep us
Blameless until You return

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SONG LYRICS

"HOLY SPIRIT"

Keith & Kristyn Getty

(Verse 1)

Holy Spirit living Breath of God
Breathe new life into my willing soul
Let the presence of the risen Lord
Come renew my heart and make me whole
Cause Your word to come alive in me
Give me faith for what I cannot see
Give me passion for Your purity
Holy Spirit breathe new life in me

(Verse 2)

Holy Spirit come abide within
May Your joy be seen in all I do
Love enough to cover ev'ry sin
In each thought and deed and attitude
Kindness to the greatest and the least
Gentleness that sows the path of peace
Turn my strivings into works of grace
Breath of God show Christ in all I do

(Verse 3)

Holy Spirit from creation's birth
Giving life to all that God has made
Show Your power once again on earth
Cause Your church to hunger for Your ways
Let the fragrance of our pray'rs arise
Lead us on the road of sacrifice
That in unity the face of Christ
May be clear for all the world to see

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SERMON NOTES

LIFE IN THE SPIRIT

Living by the Spirit Instead of the Flesh
Galatians 5:16-26

Big Idea: Live by the Spirit, and you will not gratify the desires of the flesh.

I. You must continually live by the Spirit (5:16-18).

A. To conquer the flesh (v. 16).

[16] But I say, walk by the Spirit, and you will not gratify the desires of the flesh.

Romans 13:14

But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

B. Because there is a war that rages in you (v. 17).

[17] For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.

A Christian is not a person who does not experience any bad desires. A Christian is a person who is at war with those desires by the power of the Spirit.

1 Peter 2:11

Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul.

C. To be free from the law (v. 18).

[18] But if you are led by the Spirit, you are not under the law.

Those who are led by the Spirit are no longer under the realm of the law and thus no longer subject to the power of sin.

Romans 8:3-4

[3] For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, [4] in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.

SERMON NOTES

LIFE IN THE SPIRIT

Living by the Spirit Instead of the Flesh
Galatians 5:16-26

II. The flesh and the Spirit are diametrically opposed to one another (5:19-23).

A. The works of the flesh (vv. 19-21).

[19] Now the works of the flesh are evident: sexual immorality, impurity, sensuality, [20] idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, [21] envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.

1) Sexual immorality (v. 19b)

sexual immorality, impurity, sensuality,

2) False worship (v. 20a)

idolatry, sorcery,

3) Social sins (v. 20b-21a)

enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, [21] envy,

4) Self-indulgent living (v. 21b)

drunkenness, orgies,

Warning (v. 21c) I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.

B. The fruit of the Spirit (vv. 22-23).

▪ Three observations:

1) Fruit illustrates that Christian growth is gradual, inevitable, internal, and symmetrical.

2) Fruit is displayed in the context of relationships with others.

3) The fruit of the Spirit is a portrait of Christ.

▪ Spiritual fruit defined:

- **Love** – It seeks the highest good for the other person.

Are you motivated to do for others as Christ has done for you, or are you giving in order to receive something in return?

- **Joy** – It is the overflow from the inflow of God's grace.

Are you experiencing a joy of life on a regular basis, or is your happiness dependent on things going smoothly in your day?

SERMON NOTES

SUFFICIENT IN CHRIST

Living by the Spirit Instead of the Flesh

Galatians 5:16-26

- **Peace** – It is having a tranquility of mind based on your relationship with God and the assurance of His presence and power.
Do you find you are frazzled by the crashing waves of turmoil in your life, or are you experiencing “the peace that passes all comprehension” (Philippians 4:6-7)?
- **Patience** – It is being slow to anger.
Are you easily set off when things go wrong or people irritate you, or are you able to keep a godly perspective in the face of life’s irritations?
- **Kindness** – It is having a helping disposition towards others.
Is it your goal to serve others with kindness, or are you too focused on your own needs, desires, or problems to let the goodness of God overflow to others?
- **Goodness** – It is reflecting the character of God (holiness) in your life and desiring to see goodness in others.
Does your life reflect the holiness of God, and do you desire to see others experience God at a deep level in their own lives?
- **Faithfulness** – It is being faithful to God and being reliable and trustworthy in relationships.
Are there areas of hypocrisy and indifference toward others in you life, or is your life characterized by faith in Christ and faithfulness to those around you?
- **Gentleness** – It is a life of humility that is free from rudeness and harshness.
Do you come across to others as brash and headstrong, or are you allowing the grace of God to flow through you to others?
- **Self-control** – It is having control over oneself and desires.
Are your fleshly desires controlling your life, or are you allowing the Spirit to direct you to the things that please God and serve others?

III. Those who belong to Christ Jesus have crucified the flesh (5:24-26).

A. You have been crucified with Christ (v. 24).

[24] And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

- Your flesh has been crucified with its passions and desires, so you are no longer slaves to sin.

SERMON NOTES

SUFFICIENT IN CHRIST

Living by the Spirit Instead of the Flesh
Galatians 5:16-26

Galatians 2:20

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

- You can by the Spirit's power put to death the works of the flesh.

Colossians 3:5

Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry.

B. You are to keep in step with the Spirit (vv. 25-26).

[25] If we live by the Spirit, let us also keep in step with the Spirit. [26] Let us not become conceited, provoking one another, envying one another.



Sermon Notes



What book of the Bible are we learning from?



Who's preaching this morning?

What is the big idea of the sermon?

Write down two things that stand out to you from today's sermon.

Did you learn anything new about God, people, or salvation?

**Sermon
doodles**

SERMON DISCUSSION QUESTIONS

OBJECTIVES

1. Pursue growth together.
2. Care for and connect with one another.
3. Recognize the power you have in the Spirit to bear godly fruit and not gratify the desires of the flesh.

DISCUSS

- Read Galatians 5:16-26. What encouraged, convicted, or helped you from this week's message and passage?
- What are the two natures at work in a Christian?
- Break down the works of the flesh into categories (vv. 19-21). What do you learn about the human heart from these categories? [categories include: sexual pleasure, false worship, relational sins, self-indulgence]
- What is "walking in the Spirit?" [being led by the Spirit's power as He applies God's Word to our hearts]
- Why does Paul use the plural "works of the flesh" and the singular "fruit of the Spirit?"
- From v. 21, what warning does this passage issue to those who claim to be saved yet whose lives are indistinct from the world?
- Read v. 24 again and restate in your own words. Practically, how may we do this?

For larger groups, consider using Zoom breakouts for the following questions leading into smaller group prayer time. If using Zoom, you may want to type these questions into the chat.

- In light of this passage, what is one act of obedience the Holy Spirit is calling you toward this week?
- Is there one burden you need help shouldering?
- What is one prayer request you have for personal renewal?

DAILY WORSHIP GUIDE

For Individual or Household Worship

MONDAY, MAY 25, 2020

WALK BY THE SPIRIT

This passage comes from Paul's letter to the Galatians urging them to live by faith. Chapter 5 focuses on Christ setting believers free from sin (5:1-15) and then how our lives resemble the character of the Spirit as we crucify our sinful flesh.

READ: Galatians 5:16-26

- Read Galatians 5 as a whole. What does Paul say about those who follow Christ? How are you encouraged by being set free in Christ?
- Whose purpose is driving your thoughts, words, actions & reactions?
- How can you pursue God's purpose with your family this week? Within relationships with co-workers, neighbors, or friends.

PRAY

- For the Word of God to dwell richly in you and inform your relationships with others.
- That you would walk by the Spirit and not gratify the flesh. Ask God to help you see any ways you have been seeking to gratify your flesh.

SING: "Come Thou Almighty King," Baptist Hymnal #247

(<https://www.youtube.com/watch?v=3JOojiE1VCY>)

DAILY WORSHIP GUIDE

For Individual or Household Worship

TUESDAY, MAY 26, 2020

LIVING AS GOD'S PEOPLE

Paul has just written about how those who have been raised to new life in Christ are to seek heavenly things. This new identity means you are to put off the earthly, sinful ways of your life before Christ. Being a part of this new people means not only abandoning old practices, but it also means putting on new qualities that reflect this new identity.

READ: Colossians 3:12-17

- How does Paul describe believers in Christ in verse 12? Why are these truths important to living a new lifestyle?
- What “binds together” all the attributes of verses 12-13 in perfect harmony? How might this happen?
- We need the “peace of Christ” and “word of Christ” (vv. 15-16). How do they help lead to the external actions of verses 16-17?

PRAY

- Thank God that the change He brings about, rather than our efforts, is what enables us to put on these Christ-like qualities.
- Ask God for his peace and word to dwell in you more and more so you can do everything in the name of Jesus Christ.

SING: “Come Thou Fount of Every Blessing,” by Fernando Ortega

(<https://www.youtube.com/watch?v=FU1u6Lmz27A>)

DAILY WORSHIP GUIDE

For Individual or Household Worship

WEDNESDAY, MAY 27, 2020

MY SPIRIT WITHIN YOU

We need more than a new start or new rules to please God. In fact, it is impossible for us to live pleasing to him unless he first works to give us a new heart that desires to love and follow him. This is ASTONISHING! And yet, it is the very promise he gave his people – that he would give them a new heart and put his Spirit to dwell within them. And this is the reality today for all who trust in Jesus.

READ: Ezekiel 36:25-27

- What do the biblical writers refer to when they describe our hearts in the way this passage does?
- Why is it significant in the Old Testament era that God promised to put his Spirit within his people? At that time, where did God's Spirit dwell?
- What results from the work of the Spirit in our lives?

PRAY

- Thank God for His faithfulness to always keep his promises.
- Repent of ways you have not yielded to His Spirit or been careful to obey his rules.

SING: "Come Ye Sinners," by Sojourn Music

(<https://www.youtube.com/watch?v=K9sysaYkwls>)

DAILY WORSHIP GUIDE

For Individual or Household Worship

THURSDAY, MAY 28, 2020

BE FED BY THE WATER OF THE WORD

Introducing the entire book of Psalms, this psalm introduces us to the life that is fruitful and blessed is the one which delights in God's Word.

READ: Psalm 1:1-6

- What does this passage say about the blessed man? Make a list. (vv. 1-3)
- What does the Psalm say about a tree planted by water? How does the water help the tree to thrive? Apply: how does the Word of the Lord help us to thrive?
- What does this passage say about the wicked man? Make a list. (vv. 4-6)
- How is Psalm 1 related to Galatians 5? What are some specific ways you can apply the truth of these two passages to your life?

PRAY

- That you would be planted and fed by the water of the Word. Ask the Lord to help you to yield fruit that is from Him.
- For an opportunity to share this truth with someone that doesn't know Christ as Savior.

SING: "All I Have is Christ," by Sovereign Grace Music

(<https://www.youtube.com/watch?v=RCsIRjkWrHE>)

DAILY WORSHIP GUIDE

For Individual or Household Worship

FRIDAY, MAY 29, 2020

GOD IS FAITHFUL TO THE END

The Apostle Paul encourages believers to not grow discouraged because God is faithful to complete the work He's begun in our lives. Interestingly, he wrote these words while in a Roman prison cell.

READ: Philippians 1:6

- What does this verse teach us about God? About believers?
- What is the "good work" God has begun?
- Why do Christians need encouraging reminders that God is faithful to the end?
- Who is someone you could encourage of God's faithfulness today?

PRAY

- Praise God for His mighty plan as revealed in this verse.
- Ask God to encourage you with hope as you remember he continues to work through your life.

SING: "O Love that Will Not Let Me Go," by Indelible Grace

(https://www.youtube.com/watch?v=KS3o_160OhE)

THIS WEEKEND, MAY 30-31, 2020

This weekend, continue reading this passage alongside the "Prepare for Worship" article in preparation for Sunday's worship service. Consider the following questions as you read.

- What encourages you in this passage?
- What new thoughts stand out to you in this passage?